

A woman with blonde hair, wearing a pink cardigan over a floral top, stands smiling in the foreground. Behind her is a large, weathered stone cross on a tiered stone base. The background shows a city street with buildings, a traffic light, and a cloudy sky.

# Technically connected, Socially lost

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Where did all this  
begin?





I have been really fully engaged trying to answer the best I can to the following question: **How do I connect with students virtually?** I have been developing my capacities especially on knowledge and projects developer.

It means that my biggest success was to focus on students motivation. This turn out to be the biggest challenge. During this so odd and new context, **students have been relaxing and our biggest challenge is now to try to wake up them...**"let's do back to work, let's do amazing and new things!", and actually some of them did.

I have to be honest, I am still learning and also trying to find my way!







# The students work



# Abandono de animais em Coimbra



**Coimbra &  
Cãopanhia**

**Preparado para adotar?**

À sua espera no canil municipal de coimbra.



CÂMARA MUNICIPAL  
COIMBRA





**TODOS  
MERECEMOS  
UMA CASA!**

23 DE ABRIL  
DIA DA CONSCIENCIALIZAÇÃO  
DOS CÃES ABANDONADOS





# PETEVENTS Coimbra

Workshops com aulas de obediência e socialização

JUL  
4

AUG  
1



Workshop de Alimentação e Nutrição

JUL  
11

AUG  
8



Workshop de primeiros socorros

JUL  
18

AUG  
15



Workshop de obediência e pista de obstáculos

JUL  
24

AUG  
22



Feiras com lojas de animais e marcas

JUL  
25

AUG  
28



Aulas Teóricas

JUL  
31

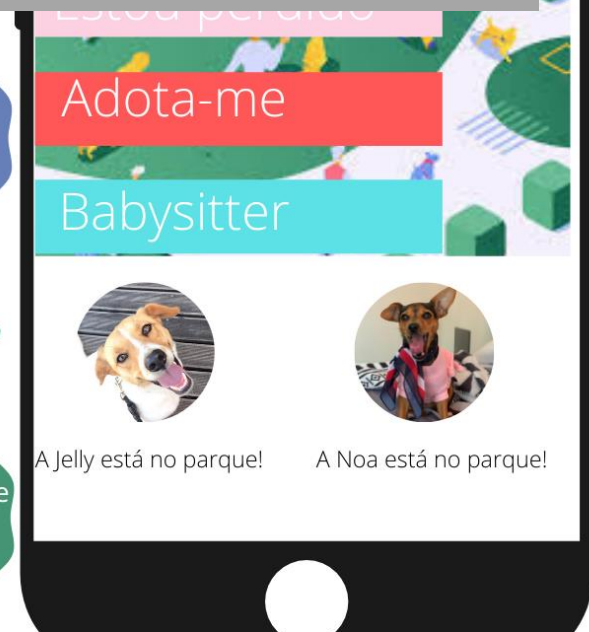
AUG  
29





Aqui estão  
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aba  
co  
alg  
teu animal  
está  
desaparecido  
envia-nos uma  
foto que nós  
ajudamos a  
procurar!

# Mobile application for animal adoption



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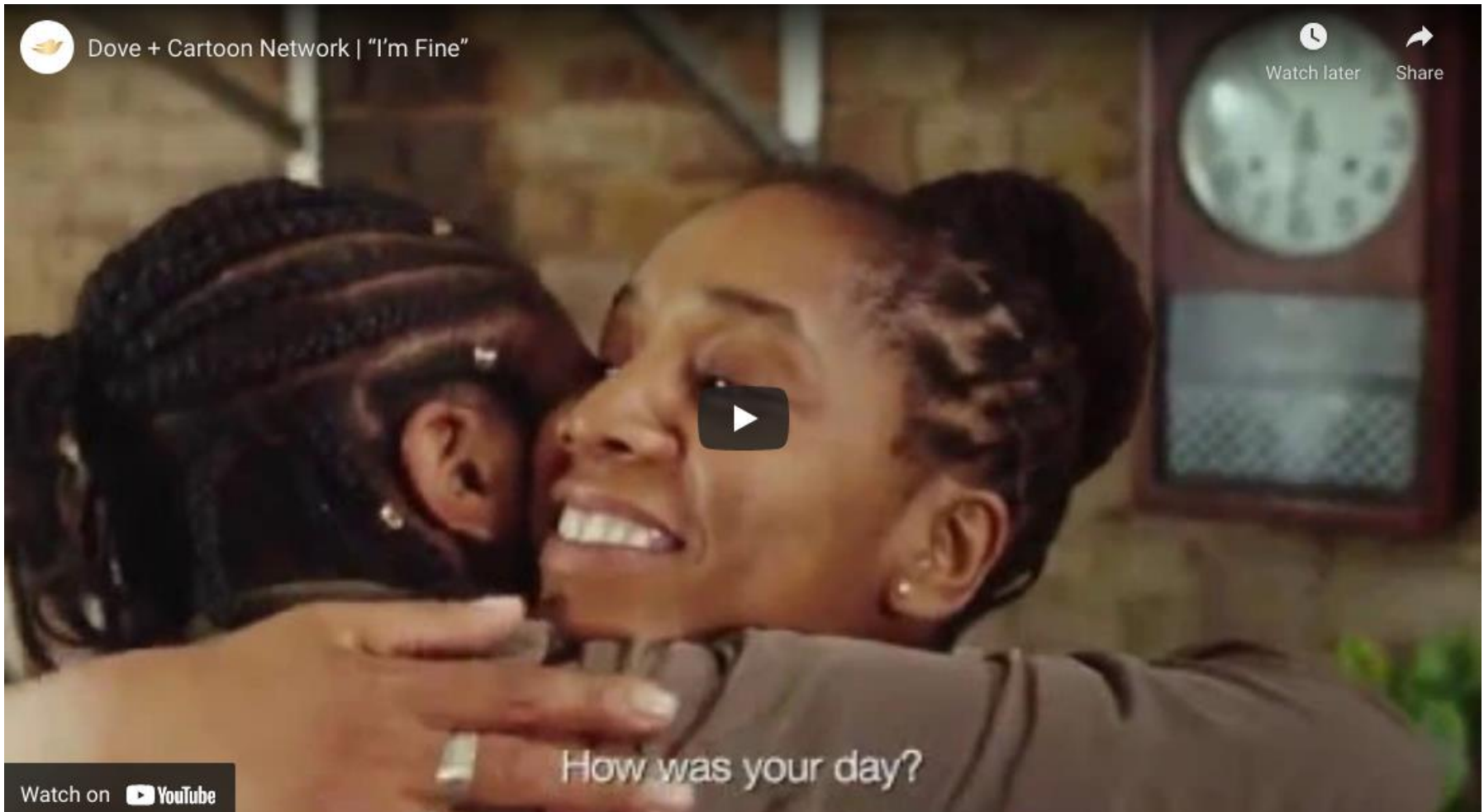
# Self-esteem project



# "I'M FINE"

I'm grateful that I will have access to a plethora of research on body image and mental health thanks to this partnership with the Dove Self-Esteem Project. This is an issue I have struggled with personally and I hope this will be a chance to amplify positive messages about self-awareness and acceptance".

Rebecca Sugar

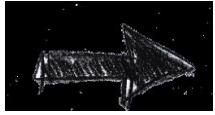


# PREVENÇÃO E COMBATE À VIOLÊNCIA NO NAMORO

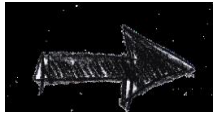
## #NamorarSemViolência

LIGA 800 202 148

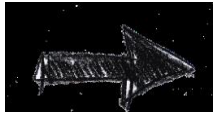
SMS 3060



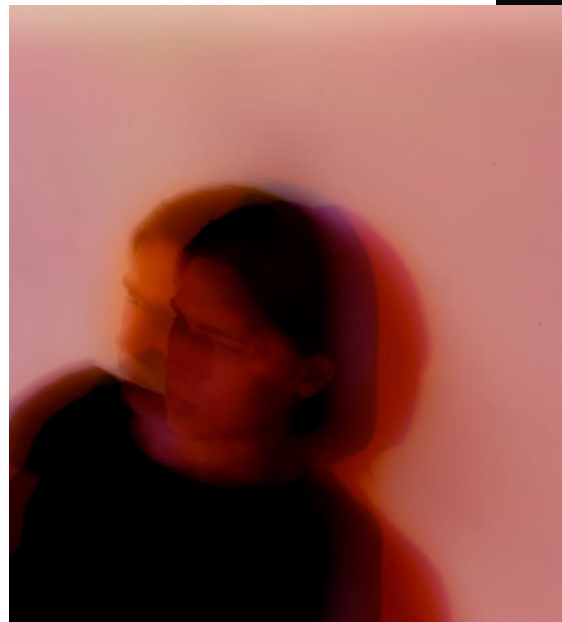
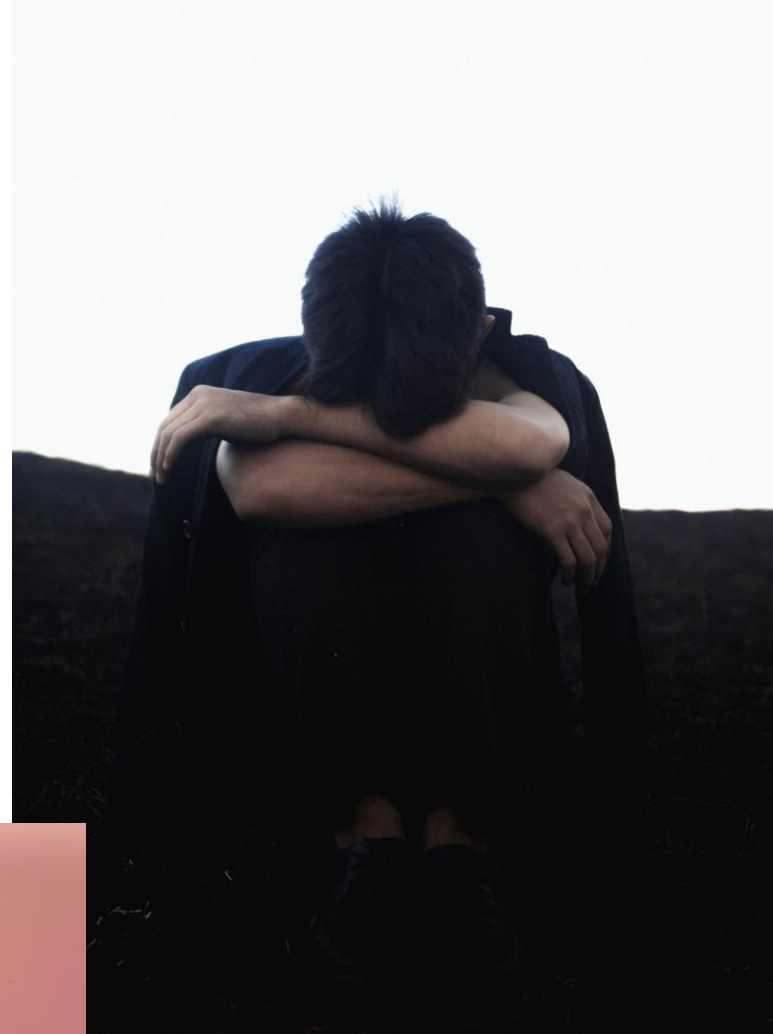
**Loliness and poverty**



**Mental health**



**Domestic violence**



**I'm a very social person..but I  
can't talk to people so easily  
anymore.**

**I don't even know if I'll be  
able to face people in the  
same way.**

I have a lot of questions...







**Thanks!**